

MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA NAAC Re-Accredited B+Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

Report on Career counselling Programme

Organized by

Department of English in collaboration with RICE, Tamluk, Purba Medinipur

Date: 24.05.2023

Venue: Mugberia Gangadhar Mahavidyalaya



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.-BHUPATINAGAR, Dist.-PURBA MEDINIPUR, PIN.-721423, WEST BENGAL, INDIA NAAC Re-Accredited B4Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions DBT Star College Scheme Award Recipient E-mail : mugberia_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

NOTICE

Committee Formation

Date: 13.05.2023

This is to notify all concerned that Department of English in Mugberia Gangadhar Mahavidyalaya is going to organize a committee for the smooth conduct of Career Counseling meeting for the Government Services and others for the interest of students and alumni on the 16th May,2023 at2:00 p. m. in NAAC Room.

So, all the faculty members, students, alumni and research scholars are requested to be present in the said meeting on the scheduled time.

Convenor

Susanta Kumar Bera

Department of English

Sonimon 13.05.2023

Countersigned by

Dr. Swapan Kumar Misra

Principal

Mugberia Gangadhar Mahavidyalaya

Mugberla Gengadhar Mahavidyataya





Objectives of Career Counselling

Career counselling facilitates self-exploration by encouraging individuals to understand their interests, strengths, and passions, leading to increased job satisfaction. It aligns personal goals with professional aspirations, ensuring long-term career success and happiness. Career counsellors provide valuable insights into industries and job markets. They assist in selecting the right education and training for desired careers, enhancing employability. With decision-making support, individuals evaluate options based on unbiased guidance

Role of Career Counsellor

Career counsellors are essential in guiding individuals through their career development journey by providing personalized guidance, support, and resources. They begin with an initial assessment to understand an individual's needs, interests, skills, values, and personality traits. Based on this assessment, career counsellors assist in identifying career goals and developing realistic plans.

They offer valuable insights into various career options, industries, and qualifications, helping individuals make informed decisions. Skill assessment and development are also integral, as counsellors identify existing skills and suggest training programs for acquiring necessary skills.

Additionally, they aid in creating effective career plans, supporting individuals during transitions, and providing continuous support through follow-up sessions. Career counsellors utilize assessment tools to understand an individual's strengths, weaknesses, interests, and values, empowering them to make informed career decisions.

Objectives of Career Guidance

The objectives of career guidance are to provide individuals with the tools, information, and resources needed for self exploration, Goal setting and planning, personal and professional growth, Decision making and adaptability. In this section we are going to further understand each of these parameters.

Self-Exploration: One of the primary objectives of career guidance is to help individuals explore and understand themselves better. Career counsellors facilitate self-assessment by identifying an individual's interests, values, skills, personality traits, and motivations. This self-exploration process enables individuals to gain clarity about their strengths, weaknesses, and areas of passion, which in turn guides their career decisions.

Goal Setting and Planning: Setting realistic and achievable career goals is another crucial objective of career guidance. Career counsellors help individuals identify short-term and long-term career objectives based on their self-assessment and career exploration. They guide individuals in creating a roadmap to achieve their goals by breaking them down into actionable steps. Through strategic planning, individuals can navigate their career paths effectively and stay focused on their objectives.

Personal and Professional Growth: Another objective of career guidance is to foster personal and professional growth. Career counsellors encourage individuals to continuously develop their knowledge, skills, and competencies. They provide resources, such as workshops, networking events, and mentorship opportunities, to support individuals in their growth journey. By promoting ongoing learning and development, career guidance ensures individuals stay competitive and adaptable in the evolving job

Photos



Twitter Link:

<u>https://x.com/Swapank26545954/status/1661628597516529664?t=FQpi9J8AjuQRUIdsm6J</u> <u>Uxw&s=08</u>

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Signature of Students pardicipants: -		
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10. Nondite Jama 20. Grita Dhaurcia 21. Agamoni Maity 22. Ankita Proadhan	42. Maria Santo 43. Ankita Si	Signation 24.05 2025 Signation of Proincepal



Swapan kumar Misra @Swapank26545954

Career counseling on Govt. Service and others , organised by the department of English , Mugberia Gangadhar Mahavidyalaya in association with RICE , Tamluk , dated 24.03 . 2023 @ugc_india @naac



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